

# GUIDING PRINCIPLES OF SELF-DIRECTED SERVICES

## IN A SELF-DIRECTED SERVICES ARRANGEMENT YOU WILL HAVE THE...

**FREEDOM** TO LIVE YOUR LIFE  
THE WAY YOU WANT.


**RESPONSIBILITY** TO FOLLOW  
STATE AND FEDERAL LAWS  
AND USE PUBLIC DOLLARS  
WISELY.

**AUTHORITY** TO CONTROL THE  
WAY YOU RECEIVE SERVICES.

## WHERE TO BEGIN

It starts with your **Individual Plan of Service**. At your next Individual Plan of Service meeting or at any time during your services at LifeWays, tell your case manager that you are interested in Self-Directed Services. There they can give you more information or help you get started.

## CONTACT US

 1 (800) 284-8288

 [lifewaysmi.org](http://lifewaysmi.org)

 [facebook.com/lifewaysmi](https://facebook.com/lifewaysmi)

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## SELF-DIRECTED SERVICES

# UNDERSTANDING SELF-DIRECTED SERVICES

## THE ARRANGEMENT

In a Self-Directed Services arrangement you can hire your own employees and manage your services within a set budget determined by LifeWays according to your level of need.

- You have **choice and control** over services.
- Your Case Manager supports you to self-direct the **services you choose**.
- You are the **employer of record** with Fiscal Management Services paying your worker(s) for services.
- You **directly hire, fire, and supervise** your employees.
- You **set** your employees' **schedules**.

## THE PROCESS

- You make choices about the **goals you would like to work on** when creating your Individual Plan of Service.
- You determine **who you want to help you** reach your goals.
- Your family and friends can help you with decisions to make sure that your **health and safety needs are met**.
- After you have a plan for what you need, **a budget is developed** based on those services.
- You **manage your individual budget** (with help from LifeWays' Self-Directed Services Coordinator and Fiscal Management Services).

## IMPORTANT NOTE

**Medicaid rules still apply under a Self-Directed arrangement.** That means services must be medically necessary; the type (what kind), amount (how much and how often), and length of service (for how long) must be supported by your condition; your condition would worsen without the services; all other natural and community supports must be used before Medicaid will pay for a service; services must be supported by documentation.

# YOUR CHOICES, YOUR NEEDS.