# SELF-DETERMINATION DELIVERED

LIFEWAYS COMMUNITY MENTAL HEALTH SELF-DETERMINATION NEWSLETTER

## What's New?

Spring has arrived! Lois Littebrant, from Choices, and LaShanda Walker, from LifeWays, would like to invite you to the 2nd Annual Flower Exchange. The flower exchange is free to all of our consumers and guardians; if you have annual flowers that you can share bring one and take one. The flower exchange will have flower seeds and bulbs as well. A formal letter with dates and times will be coming soon to spread the word through everyone's case managers and supports coordinators. We look forward to this small spring event!

### **Recipient Rights Training Change:**

Any new staff or staff that have expired trainings will no longer be required to register. Recipient Rights Training will be held every 1st and 3rd Tuesday of the month from 8:45 A.M. to 12:00. P.M. and is open on a first come, first serve basis.

If there are barriers preventing employees from completing these requirements, please contact LaShanda Walker, your Self-Determination Coordinator.

### **Documentation Reminders**

Please review the attached requirements for support note documentation with your staff. Medicaid guidelines require proper documentation of services provided.

Always ensure that documentation supports the length of service provided (i.e. a sentence for three hours of service is not likely sufficient).

Never sign blank documents. This includes timesheets, employment agreements, wage change forms, etc.

If you have further questions, please review the Self-Determination Training Module for Consumers/Guardians and Staff in the Self-Determination section of the LifeWays website (www.lifewayscmh.org) or contact your Self-Determination Coordinator, LaShanda Walker.



"Kindness is a language which the blind can see and the deaf can hear"

### RECEIVE YOUR NEWSLETTER ELECTRONICALLY!

If you would prefer to receive your LifeWays Self-Determination Newsletter electronically, please contact LaShanda Walker by phone at 517.796.4502 or by email at: <u>lashanda.walker@lifewayscmh.org</u> Simply provide your name and email address. You will begin to receive the newsletter electronically.

### Your Self-Determination Coordinator LaShanda Walker

lashanda.walker@lifewayscmh.org 517.796.4502



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### **Success Stories**

We would love to hear your success stories! If you are interested in sharing a story in our upcoming Self-Determination Delivered, please contact LaShanda Walker, Self-Determination Coordinator.

# **Community Involvement**

### • Jackson County Museum Day

- Saturday, May 9, 2020
- Cost: FREE
- Cambridge Junction Historic State Park and Walker Tavern 1322 M-50, Brooklyn, MI 49230
- Ella Sharp Museum
  3225 Fourth Street, Jackson, MI 49203
- Hanover–Horton Area Historical Society 105 Fairview Street, Hanover, MI 49210
- Lost Railway Museum
  142 W. Michigan Ave, Grass Lake, MI 49240
- Mann House
  205 Hanover Street, Concord, MI 49237
- Tompkins Historical Stewart Museum 10138 Tompkins Rd, Rives Junction, MI 49277
- Waterloo Farm Museum and Dewey School Museum 13493 Waterloo Munith Road, Grass Lake, MI 49240
- Ye Old Carriage Shop Auto Museum 3537 Henderson Road, Spring Arbor, MI 49283
- Bluegrass Gospel Festival
  - May 16, 10 A.M.—4 P.M.
  - Cambridge Junction Historic State Park and Walker Tavern 1322 M-50, Brooklyn, MI 49230
  - Cost: Free
- 18th Annual Blues Festival
  - June 11, 12, and 13, 6 P.M. to 12 A.M. each day
  - Jackson County Airport, 3601 Wildwood Ave, Jackson, MI
  - Cost: \$10 each day
- Jackson County Master Gardener Association Garden Tour
  - June 27, 2020, 10 A.M. to 4 P.M.
  - 712 W. Morrell, Jackson, MI
  - Cost: \$8 in advance, \$10 day of
  - Tickets available at 1715 Lansing Ave, #257, Jackson, MI 49202

Remember, LifeWays will be closed on the following days:

- Monday, May 25, 2020 Memorial Day
- Friday, July 3, 2020 Independence Day
- Monday, September 7, 2020 Labor Day

### **Our Mission**

LifeWays Community Mental Health inspires hope and promotes life-enhancing recovery.

### **Our Vision**

We envision a fully integrated healthcare network that supports individuals in our community to reach their full potential.

### **Our Values**

#### **Exceptional Service**

We are dedicated to ensuring all customer interactions exceed expectations.

Innovation

We embrace a culture of continuous improvement.

#### Integrity

We demonstrate accountability and adherence to professional ethics.

#### Compassion

We are sensitive and caring to those around us.

#### **Strategic Partnerships**

We achieve success by partnering with agencies who share our commitment to improving the health of our community.

#### Person-Centered Care

We empower the people we serve to achieve their hopes, dreams, desires, and goals through treatment focused on their individual needs and preferences.