

SELF-DETERMINATION DELIVERED



LIFEWAYS COMMUNITY MENTAL HEALTH SELF-DETERMINATION NEWSLETTER

April 2020 SPECIAL EDITION

What's New?

Staying safe and remaining healthy is important to us at LifeWays. LifeWays is still here to provide you with the best services possible. Please contact the Self Determination Coordinator, LaShanda Walker, Community Alliance staff, Sam Brown, and your case manager so that your needs and concerns are met.

As concerns regarding COVID-19 and the impact on daily life continue, please take time to review any trainings that your staff may have past due, or coming due. To look up future trainings or to sign up, please go to <http://lifewayscmh.org>; click on "Adult" on the right side of the page; and click Self-Determination Services on the left hand side of your screen. Although there are no current in-person trainings, Recipient Rights is still required and can be done through Relias. If any staff are in need of this training, or others, please contact the Self Determination Coordinator. LifeWays continues to work on offering different online trainings to meet your needs. These will be made available on our website.

Documentation Reminders

Please review the attached requirements for support note documentation with your staff. Medicaid guidelines require proper documentation of services provided.

Always ensure that documentation supports the length of service provided (i.e., a sentence for three hours of service is not likely sufficient).

Never sign blank documents. This includes timesheets, employment agreements, wage change forms, etc.

If you have further questions, please review the Self-Determination Training Module for Consumers/Guardians and Staff in the Self-Determination section of the LifeWays website (www.lifewayscmh.org) or contact your Self-Directed services Coordinator, Stephanie Justice.



RECEIVE YOUR NEWSLETTER ELECTRONICALLY!

If you would prefer to receive your LifeWays Self-Determination Newsletter electronically, please contact Stephanie Justice by phone at 517.796.4502 or by email at: Stephanie.Justice@lifewayscmh.org. Simply provide your name and email address. You will begin to receive the newsletter electronically.

Your Self-Determination Coordinator Stephanie Justice

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517.796.4502



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Success Stories

We would love to hear your success stories! If you are interested in sharing a story in our upcoming Self-Determination Delivered, please contact LaShanda Walker, Self-Determination Coordinator.

HELPFUL INFORMATION

myStrengths mobile app:

- Support for managing depression, anxiety, stress, sleep and much more
- Track your mood, set goals and notice changes over time
- Join a community that can help inspire you to stay on track
Safe and secure - just for you

COVID-19 Cell Phone Assistance

- [AT&T - Customer Service – 1 \(800\) 288-2020](#)
- [CellCom - Customer Service – 1 \(800\) 236-0055](#)
- [Cricket Wireless - Customer Service – 1 \(800\) 274-2538](#)
- [Metro by T-Mobile - Customer Service – 1 \(888\) 863-8768](#)
- [Sprint - Customer Service – 1 \(888\) 211-4727](#)
- [T-Mobile - Customer Service – 1 \(800\) 937-8997](#)
- [Tracfone - Customer Service – 1 \(800\) 867-7183](#)
- [US Cellular - Customer Service – 1 \(888\) 944-9400](#)
- [Verizon - Customer Service – 1 \(800\) 837-4966](#)

Comcast Announces Comprehensive COVID-19 Response to Help Keep Americans Connected to the Internet.

- Comcast 1-800-266-2278

Michigan Department of Health and Human Services
www.michigan.gov/mdhhs

- Medicaid
- Assistance Programs
- MI Bridges
- Health Care Providers
- Food Assistance
- Forms
- Health Care Coverage
- Application Process

Remember, LifeWays will be closed on the following days:

- Monday, May 25, 2020 - Memorial Day
- Friday, July 3, 2020 - Independence Day
- Monday, September 7, 2020 - Labor Day

Our Mission

LifeWays Community Mental Health inspires hope and promotes life-enhancing recovery.

Our Vision

We envision a fully integrated healthcare network that supports individuals in our community to reach their full potential.

Our Values

Exceptional Service

We are dedicated to ensuring all customer interactions exceed expectations.

Innovation

We embrace a culture of continuous improvement.

Integrity

We demonstrate accountability and adherence to professional ethics.

Compassion

We are sensitive and caring to those around us.

Strategic Partnerships

We achieve success by partnering with agencies who share our commitment to improving the health of our community.

Person-Centered Care

We empower the people we serve to achieve their hopes, dreams, desires, and goals through treatment focused on their individual needs and preferences.