

WE CAN HELP.

If you are a current or former member of the military, call us to find out how we can help.

LifeWays offers mental health services and can connect you to other veteran resources within our community.

LIFEWAYS: 1 (800) 284-8288

**VETERAN
CRISIS LINE: 1 (800) 273-8255
PRESS 1**

Mid-State Health Network provides LifeWays with a Veteran Navigator to assist veterans in connecting to resources.

**VETERAN
NAVIGATOR: (517) 486-2742**



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