

## 1915(i) STATE PLAN AMENDMENT

### REFERRAL PROCESS

#### ASSESSMENT

Biopsychosocial assessment documents substantial functional impairment in at least 1 area of major life activity and needs related to community inclusion, independence, and/or productivity.

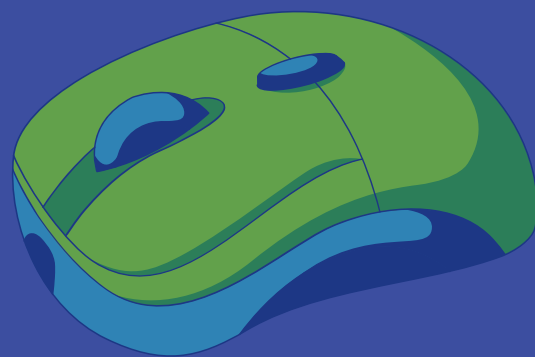


#### PERSON-CENTERED PLANNING

Necessary services are identified and the primary case holder determines if 1915(i) is needed to access those services. Authorizations are also submitted to Utilization Management.

#### REFERRAL FORM

The primary case holder completes a 1915 (i) SPA Benefit referral form in LEO and marks the form as "Complete, Pending WSA Entry."

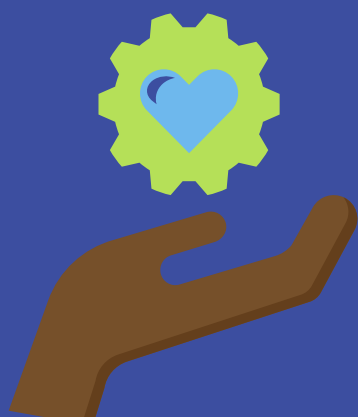


#### WSA APPLICATION

The LifeWays Waiver Coordinator receives the referral form and submits an application in WSA. The application is reviewed by Mid-State Health Network and approved by MDHHS.

#### AUTHORIZATIONS

Utilization Management reviews and approves 1915(i) authorization requests. UM changes the start date of the authorization to reflect the approval date of the 1915(i).



#### SERVICES BEGIN

The individual starts receiving 1915(i) services to achieve their goals of community inclusion, independence, and productivity.

**Use the following coding system to classify email:**

- **RED** | Urgent please respond immediately.
- **YELLOW** | Priority please respond within 1 business day.
- **GREEN** | Normal please respond within 1 business week.
- **BLUE** | FYI only- no response needed.
- **PURPLE** | Audit related- please respond as indicated.
- Emails not color coded as above may be considered **BLUE**.
- Emails should include those that need a response in the TO line and those who are FYI in the CC line.
- Emails should clearly specify the individuals and the desired response in the text.

# LifeWays

## Executive Provider Meeting

Presented by:

Maribeth Leonard, MBA, LBSW,  
Chief Executive Officer



# Meeting OBJECTIVES

- Certified Community Behavioral Health Clinic: What, Why, How, When, Where ?
- What has been the impact?
- What does this mean for Providers?
- State and Federal Update
- Services In-House vs. Services In-Network



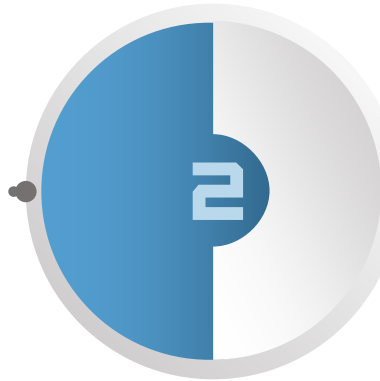
<https://www.youtube.com/watch?v=Uu-fF9hyYJ8>

## WHAT'S THE DIFFERENCE BETWEEN A CMH AND A CCBHC?



### CMH

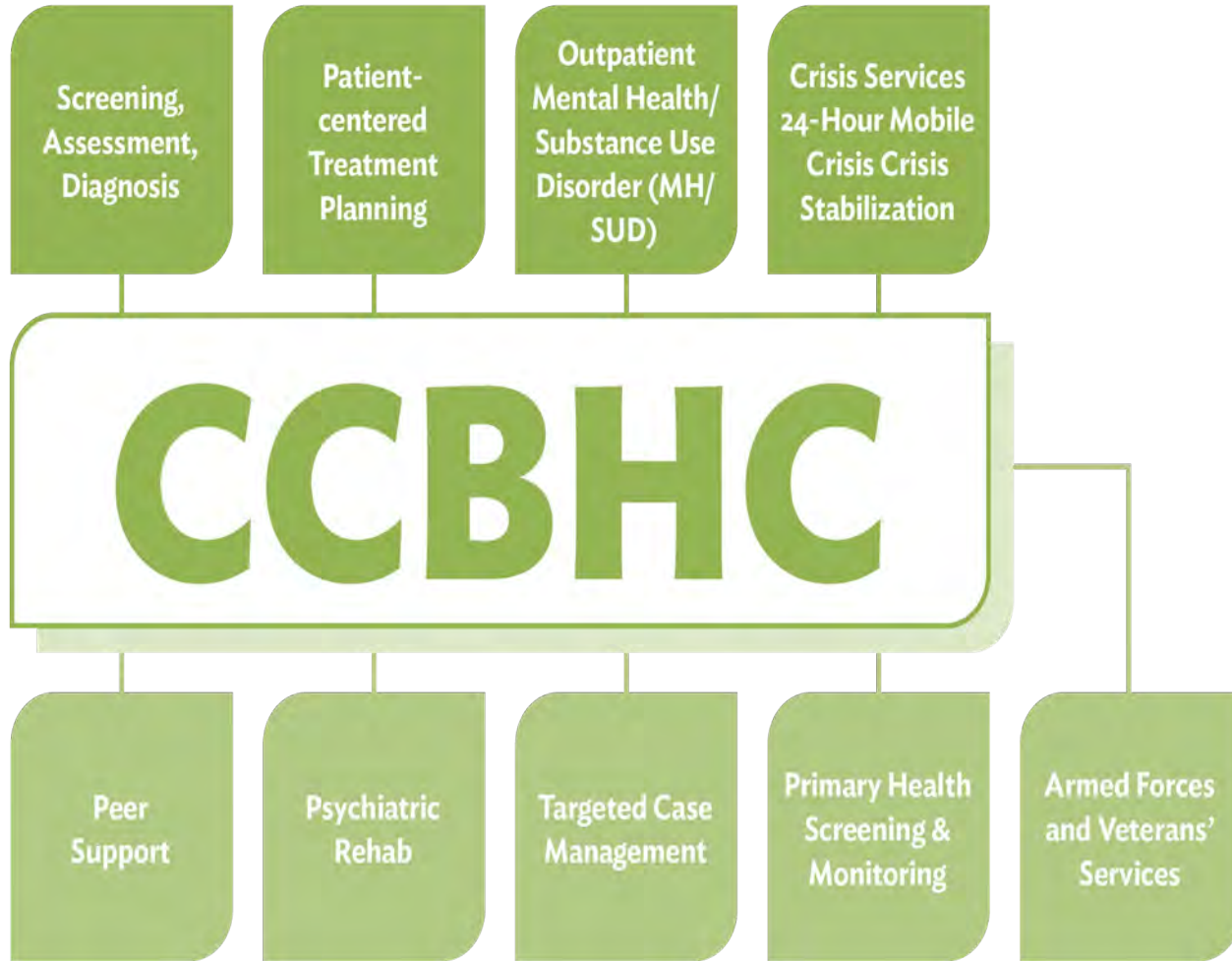
- Primarily serves individuals with Medicaid and who are under- or uninsured
- Focuses on individuals with a severe mental illness resulting in substantial functional impairment
- Serves individuals within the County of Financial Responsibility (COFR)



### CCBHC

- Provides care regardless of ability to pay, including individuals with commercial insurance, Medicaid, and no insurance
- Serves individuals regardless of the severity of illness (mild, moderate, severe)
- Serves individuals regardless of county of residence

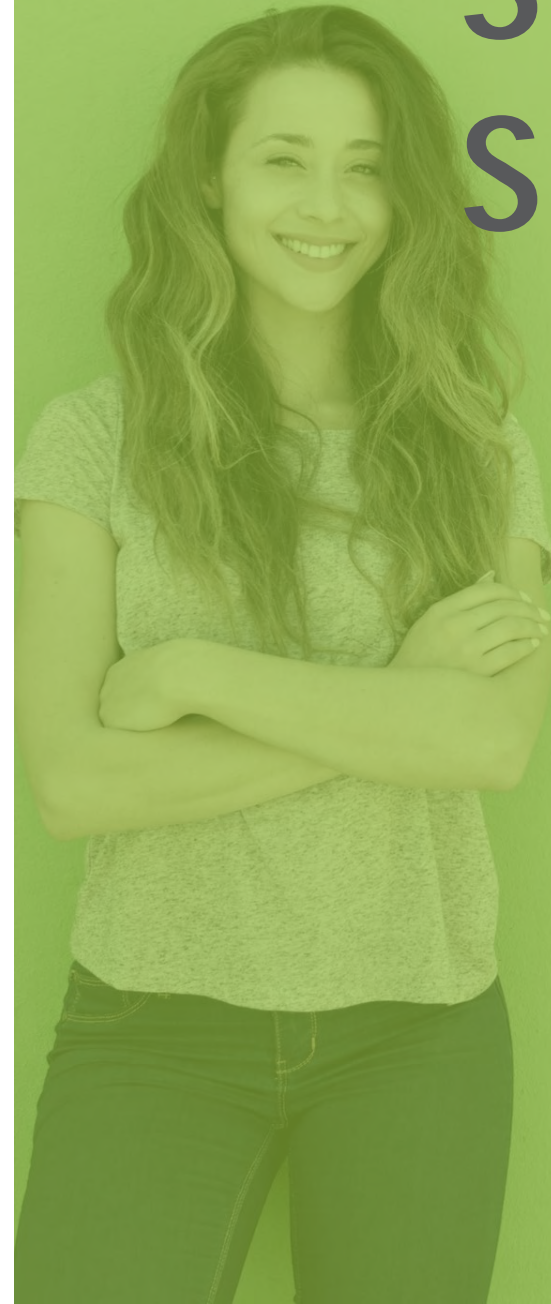
# 9 Core Services



# SCOPE OF SERVICES.

*Delivered by a CCBHC or a Designated Collaborating Organization (DCO)*

*51% services provided by CCBHC*





# ADDITIONAL SERVICES

## WHAT OTHER SERVICES WILL LIFEWAYS BE OFFERING THROUGH CCBHC?

**Community Health Workers** are part of the Community Health and Wellness Department and can assist consumers in connecting with health care and social service resources. This ensures a holistic approach to healthcare.

**LifeWays will be offering a variety of groups including:**

- Wellness Recovery Action Planning (WRAP)
  - Includes Veteran-specific group
- Trauma Recovery and Empowerment Model (TREM)
- Whole Health Action Management (WHAM)







Lifeways

# WHY PURSUE THE CCBHC MODEL?

## Since inception of the model, CCBHCs report:

- **STAFFING:** Increased recruitment and hiring of staff, greater staff satisfaction and retention, redesigning care teams.
- **ACCESS:** Decreased wait times for care and elimination of wait lists, targeted outreach to vulnerable, underserved and complex populations, expanding services offered outside the four walls of the clinic.
- **COMMUNITY IMPACT:** Improved partnerships with schools, primary care, law enforcement, hospitals.
- **HEALTH IMPACT:** Reduced hospitalizations/ED visits, improvements in physical health indicators.

*\*Report Taken from National Council for Mental Wellbeing*





LifeWays

How Did we  
Get Here?



# OUR STRATEGIC PLAN



BETTER HEALTH



BETTER CARE



BETTER EXPERIENCES



REDUCED COSTS



BETTER EQUITY





# CCBHC DEMONSTRATION SITE: HOW WE GOT HERE



2014

Senator Stabenow authored and passed her bipartisan Excellence in Mental Health and Addiction Act.

The Center for Family Health co-locates primary care onsite at the LifeWays building in Jackson.

2015

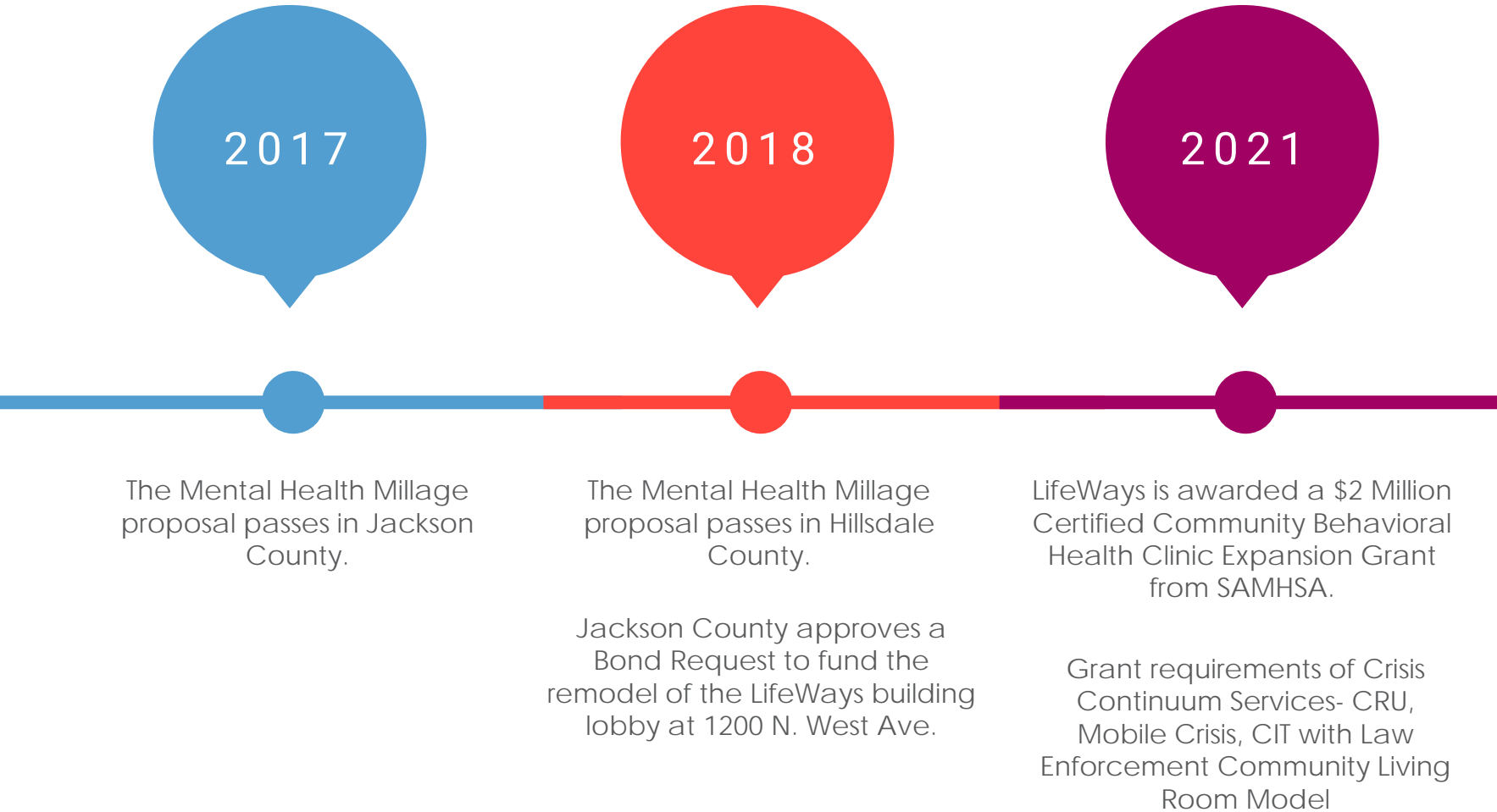
LifeWays contracts with an assessor to review LifeWays' service delivery and provide consultation for steps needed to prepare for becoming a CCBHC.

LifeWays expands to provide direct care and case management services. Previously, LifeWays had been a managed care organization until 2014.

2016

LifeWays is awarded \$1.6 million Primary and Behavioral Health Care Integration Grant by Substance Abuse and Mental Health Services Administration (SAMHSA).

# CCBHC DEMONSTRATION SITE: HOW WE GOT HERE



# CCBHC DEMONSTRATION SITE: HOW WE GOT HERE

2022

LifeWays undergoes a rebranding which includes a new logo that better represents those who LifeWays serves.

LifeWays is awarded a 4-year, \$4 Million CCBHC Improvement and Advancement Grant from SAMHSA.

2023

LifeWays chosen as a CCBHC Demonstration Site in Michigan on Oct 1, 2023.







# WHO IS ELIGIBLE FOR THE CCBHC

## WHAT INDIVIDUALS ARE ELIGIBLE FOR THE CCBHC?

- Individuals with a mental health and/or substance use disorder diagnosis including:
  - F01-F09: Mental disorders due to known physiological conditions
  - F20-F29: Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders
  - F30-F39: Mood [affective] disorders
  - F40-F48: Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders
  - F50-F59: Behavioral syndromes associated with physiological disturbances and physical factors
  - F60-F69: Disorders of adult personality and behavior
  - F90-F98: Behavioral and emotional disorders with onset usually occurring in childhood and adolescence
  - F99-F99: Unspecified mental disorder
  - F10-F19: Mental and behavioral disorders due to psychoactive substance use

# Rural & Urban

## OUR COMMUNITIES

As a CMHSP, LifeWays primarily serves two communities: Hillsdale County and Jackson County.

As a CCBHC, LifeWays has the ability to serve outside of this catchment area.

### Hillsdale County

76 people per square mile  
45,762 total population

### City of Hillsdale

1,411 people per square mi  
8,036 total population

*U.S. Census Data, 2020*

### Jackson County

228 people per square mile  
160,366 total population

### City of Jackson

2,888 people per square mi  
31,309 total population

*U.S. Census Data, 2020*



LifeWays

# What Has Been Community Impact?



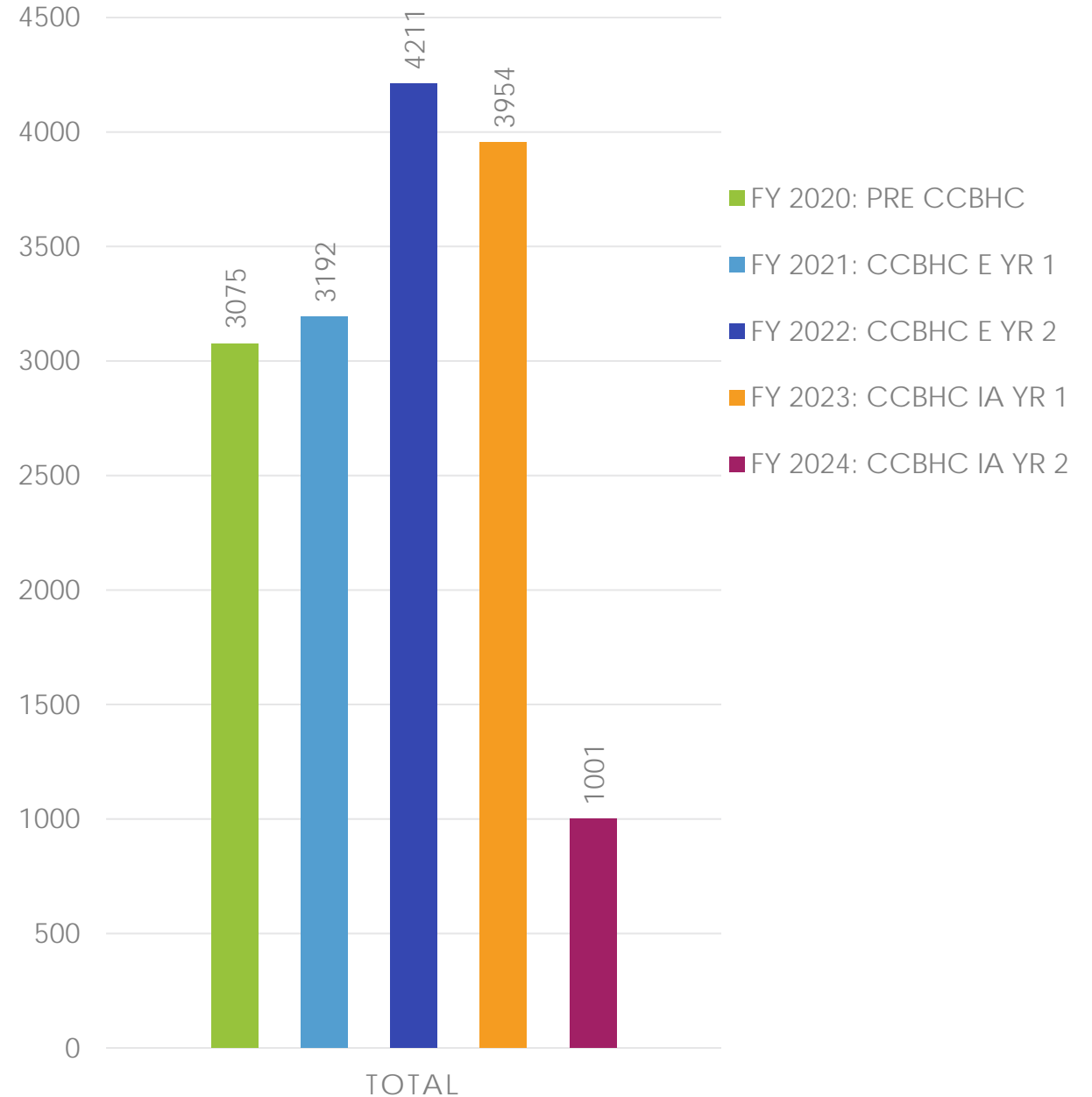


# ACCESS SCREENINGS: TOTAL SCREENINGS PER FISCAL YEAR

## INCREASES:

Increase in Access Screening documentation from pre-CCBHC to last grant year by 1.28x (28.5%).

Largest year of Access Screenings was FY 2022 at 4,211, seeing a 6% decrease to FY 2023.



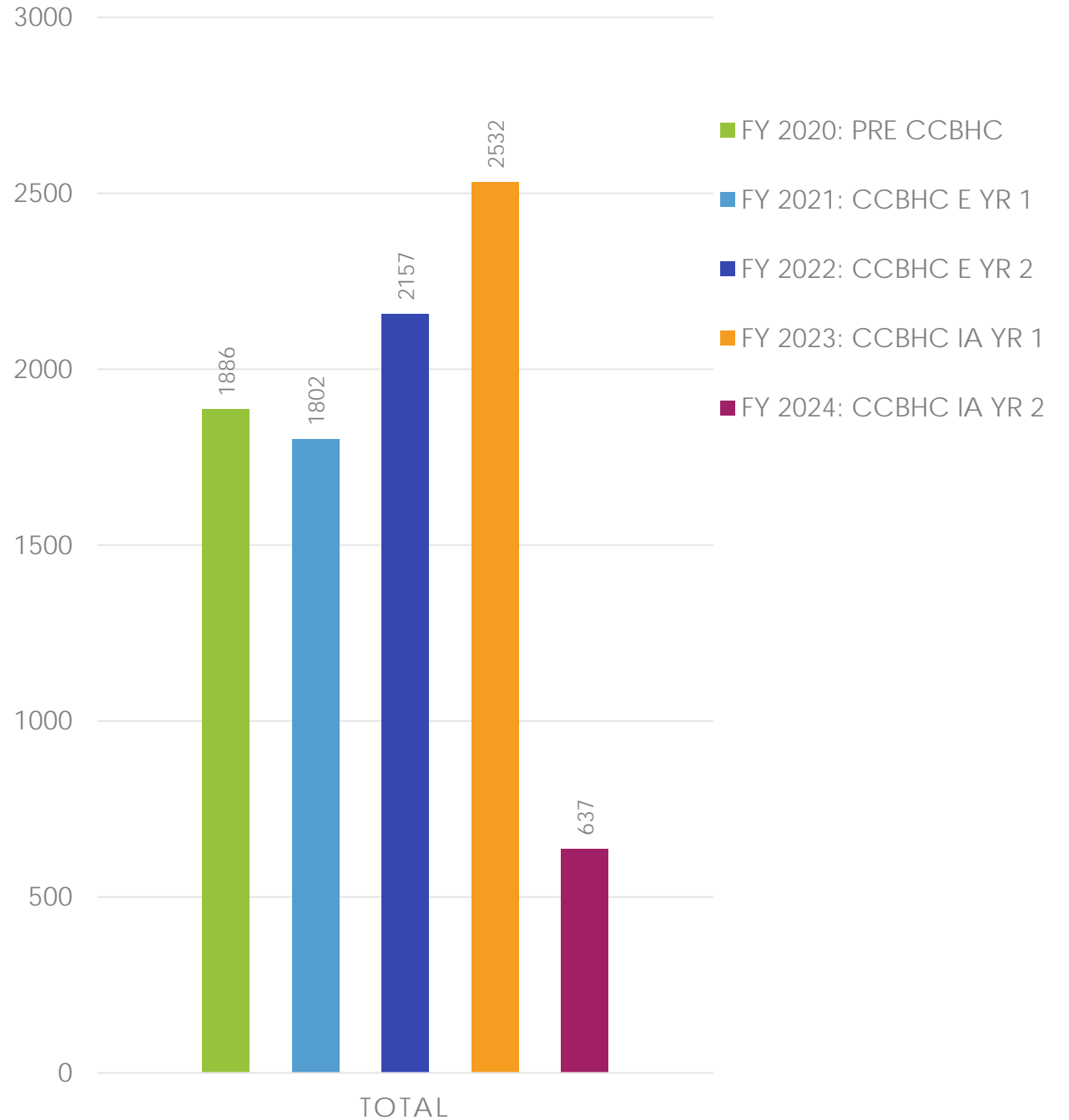


# INITIAL INTAKE:

## TOTAL ASSESSMENTS PER FISCAL YEAR

### INCREASES:

Increase in intake assessments pre-CCBHC to FY 2023 by 1.35x (34.25%).



# LIFEWAYS' PROVIDER NETWORK

## How does the CCBHC impact the Provider Network?

- At this point it does not impact providers.
- LifeWays' provider network will continue to provide the broad array of CMH services.
- CCBHC funding requires a provider to become a Designated Collaborating Organization (DCO) in order to provide CCBHC services on behalf of LifeWays.
- Demonstration CCBHC - educational materials sent out and a survey to gauge interest/understanding.







# DESIGNATED COLLABORATING ORGANIZATIONS. —

## What is a DCO?

A Direct Collaborative Organization that is formally contracted by the CCBHC to provide one or more of the 9 core services required of the CCBHC.

## Organizations can contract with the CCBHC to become a DCO if:

- They provide one or more of the core 9 services
- Adequately staffed
- Capable of meeting coordination of care, data & reporting requirements of the CCBHC

# DESIGNATED COLLABORATING ORGANIZATIONS.

## CCBHC's Oversight of DCOs

- Clinical and financial oversight
- Billing for DCO-provided services.
- Ensuring DCO meets clinical parameters
- Follow Payment Section of CCBHC policy

## Staffing Requirements

DCO staff are required to meet the same training standards as CCBHC staff. DCOs should ensure their staff obtain required trainings annually. Required trainings include:

- Cultural competence.
- Person-centered and family-centered care.
- Recovery-oriented, evidence-based, and trauma-informed care.
- Primary care/behavioral health integration.
- Risk assessment, suicide prevention and suicide response.
- Collaborating with families and peers.
- Military culture



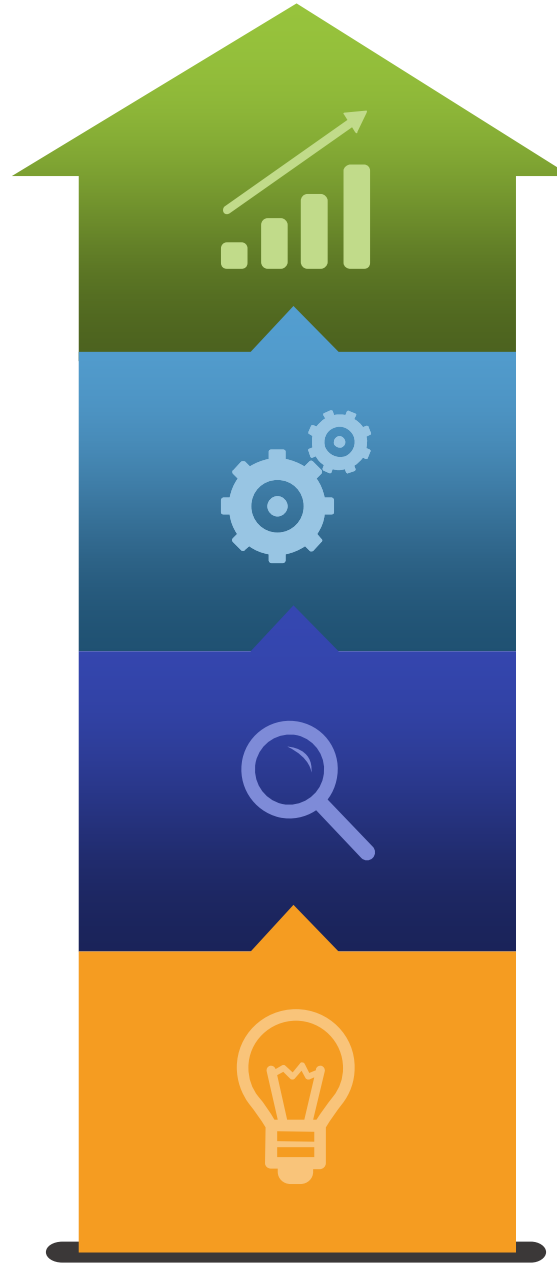
# DESIGNATED COLLABORATING ORGANIZATIONS.

## Financial: Billing and Reimbursement

- Contracts include formal financial agreements with DCOs
- These agreements define payment for DCO services and are part of the CCBHC PPS (Prospective Payment System)
- Payment made directly to DCO based on agreed-upon service rates (fair market value)
- CCBHCs coordinate financial aspects; no duplicative payments
- The CCBHC is responsible for credentialing and billing for DCO staff.



# DESIGNATED COLLABORATING ORGANIZATIONS



## Quality: Data and Reporting

- CCBHC collect, report, and track a set of encounter, outcome, and quality data
- DCO responsible for collecting data for reporting through EMR(LEO)
- Data used to improve processes and clinical outcomes

## Care Coordination: IT System, Referrals & Follow-up

- DCOs track data through LEO
- DCOs benefit from care coordination with CCBHC through IT Health System (LEO) referrals
- Exchange of health information prioritizes consumer preferences and needs
- Payment included in CCBHC Pay Per Service (PPS)
- Fair market value rates

## DCO - NEXT STEPS

- Technical Assistance: MDHHS/CMHA
- Draft DCO Agreement
- PILOT DCO: Primary Case Holder Service
- Request For Interest
- List of Provider Requirements
- Learning opportunity: CCBHC & DCO
- We can expect bumps along the way
- Additional DCOs: 10.1.24
- 49% of CCBHC services provided by DCOs



# STATE & FEDERAL UPDATE



## Public Health Emergency Impact

Medicaid Redetermination  
10-1-24 Began to see the financial impact  
Regional and Local Projected Deficits - \$12 M  
Statewide Advocacy for rate adjustments



## FY 25 Budget - Process

Governors Budget – released  
Workforce Pipeline  
CCBHC priority expansion



## Conflict Free Access & Planning

CCBHC – Not Applicable as it conflicts with  
the model  
PIHP Survey Input



## WorkForce & Administrative Burden

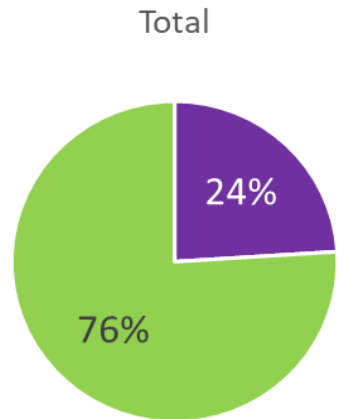
CMHA Workgroup Public sector consultants  
Provider Alliance





# In House Services VS In Network Services

## Breakdown of Services



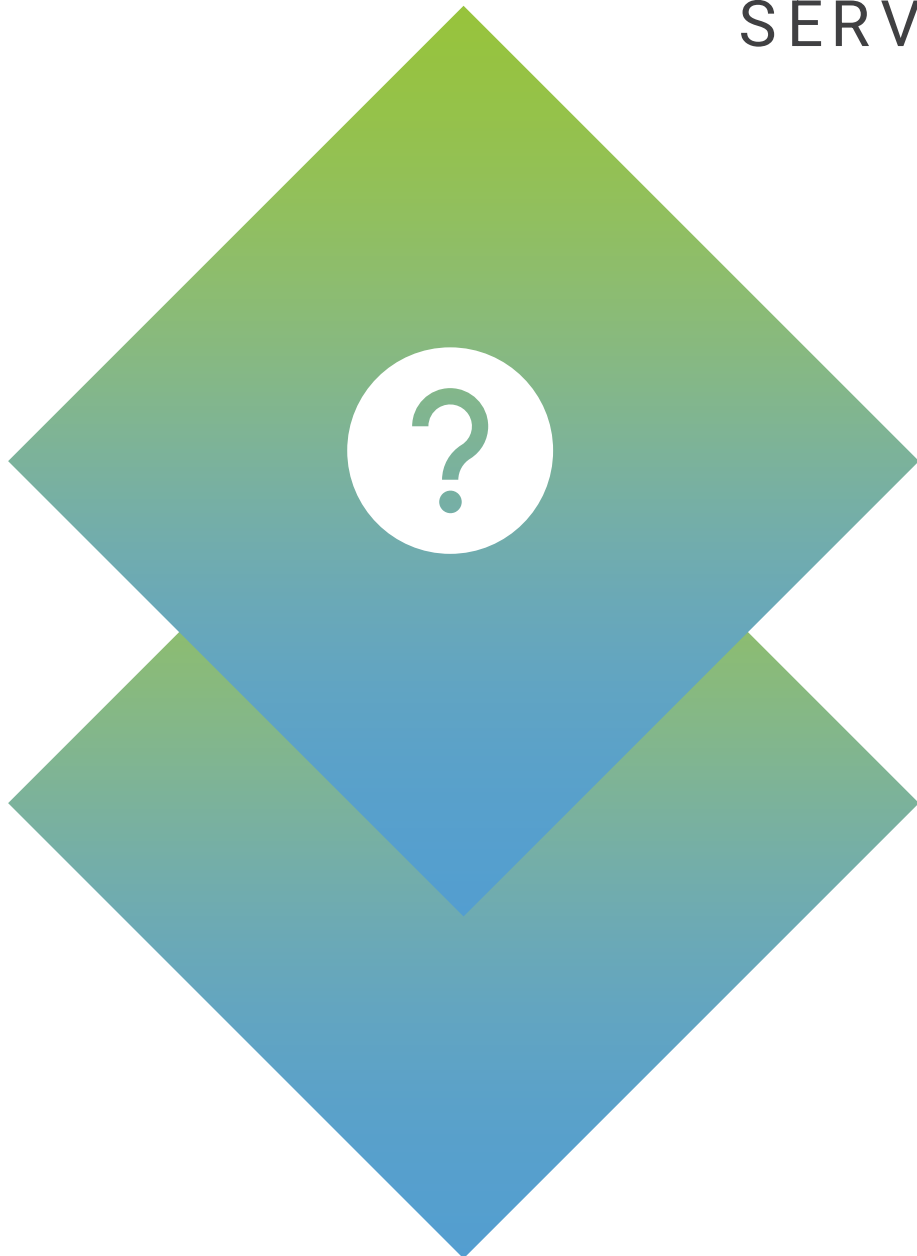
■ LifeWays ■ Provider Network





## Service Expansion In-House: WHY?

- Supports Coordination - MDHHS Audit Recommendation
- Case Management - Workforce Challenges
- Wrap Around Services - MDHHS Requirement Statewide
- Children's Outpatient Services - Provider Provided Notice to Close
- OBRA Services - MDHHS Grant Requirement



## SERVICE Expansion- Provider Network- WHY?

- Psychological Testing - Service Gap
- Music and Art Therapy - Service Gap
- Home-Based Provider - Service Gap
- ABA Provider - Wait List
- Specialized Residential - Service Gap
- Outpatient Services - Wait List
- Recreational Therapy - Service Gap



# QUESTIONS