



AUTISM

WELCOME PACKET

AUTiSM



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Dear Fellow Parent,

We've likely never met, yet we already have several things in common. You love someone with Autism and you want to do whatever you can to help them reach their full potential. This journey is certainly not the easiest one but there are many of us walking this path together. While it can be lonely at times, know that you are part of a community. We stay busy with therapy and doctors appointments, evaluations and assessments, but when our paths cross we speak the same language and we know that some things can only be truly understood by another autism parent. We recognize similarities in our kids and we've got lots of ideas and questions for one another. So when you see one of us waiting in a lobby, don't be afraid to reach out!

Aside from welcoming you to our community, I also want to share with you a bit of encouragement. The Autism Program through Lifeways has already resulted in gains for many of our children. I hear teachers and therapists talking about the tangible improvements throughout the school year or the jumps they see in the fall. I notice the growth in kids we run into at therapy, but foremost I can see it with my own son.

- This therapy is quite a big commitment. The schedule can be intensive and you will be letting many new people into your lives. There will likely be times when it feels overwhelming and I encourage you to share this with the rest of your child's team.
- This is not a sprint, it is a marathon and it evolves with you and your child. It is individualized to meet your needs and as a parent, you are an important part of the team. If you are involved, the program can best address the challenges you would like. The therapists we work with are a wealth of knowledge and have many creative ideas so give them feedback!

When you get a chance, take a look at the information gathered here. Lifeways and parents collaborated to put these materials together with the hope that it would be a good guide as you navigate this program. You can find lots of resources and support in here as well as answers to questions about the program and a spot to store important documents or notes. This is a long term guide that will continue to be useful beyond your initial introduction to the program. We hope that as you start down this new path, you feel welcomed and know that there are lots of reasons to be hopeful!

With all my best wishes,

Colleen Sullivan

Strong Mommy of an Autistic Child

If you think my hands are full,
you should see my heart!
MYSUNWILLSHINE.COM



MEDICAID BEHAVIORAL HEALTH TREATMENT (ABA PROGRAM)

The LifeWays Autism Benefit is a State funded program that provides intensive interventions for children ages 18 months to 21 years old that have been diagnosed with Autism Spectrum Disorder by LifeWays CMH and meet medical necessity for the program.

WHAT WILL IT LOOK LIKE IF MY CHILD APPLIES FOR THE PROGRAM?



FREQUENTLY ASKED QUESTIONS (FAQS)

Who is eligible for the Behavioral Health Treatment (ABA) Program?

The Behavioral Health Treatment program is available to children who:

- Have been diagnosed with Autism Spectrum Disorder by LifeWays CMH's Autism Spectrum Disorder staff
- Are ages 18 months to 20 years old (benefit ends on 21st birthday)
- Live in Jackson or Hillsdale counties
- Are enrolled in Medicaid, Healthy Michigan Plan, or MICHild



Why are there so many tests and assessments?

The ABA Program is a results-based program which uses these tests and assessments to track the progress your child is making while he or she is in the program.

What do these names like M-CHAT, ADOS, and ADIR mean?

- M-CHAT is the Modified Checklist for Autism in Toddlers
- SCQ is the Social Communication Questionnaire
- ADOS is the Autism Diagnostic Observation Schedule
- ADI-R is the Autism Diagnostic Interview, Revised
- ABA is Applied Behavioral Analysis
- OT is occupational therapy which helps your child learn skills he or she needs to participate in the things he or she needs or wants to
- IPOS is an Individual Plan of Service which is a personalized treatment plan specific to your child
- DHHS is the Department of Health and Human Services

Who will be working with my child?

Your child will have a team of experts working with them while they are in the program. Your Autism Program team may include:

LifeWays CMH

Jackson Office
1200 N West Ave
Jackson, MI 49202
517.789.1200

Hillsdale Office
25 Care Dr
Hillsdale, MI 49242
517.439.2641



Centria Healthcare

41521 W 11 Mile Rd
Novi, MI 48375
800.77.AUTISM

Comprehensive Speech & Therapy Center

1001 Laurence Ave, Suite E
Jackson, MI 49202
517.750.4777

Highfields, Inc.

1206 Clinton Rd
Jackson, MI 49202
517.783.4250

Hope Network

950 W Monroe, Suite 600
Jackson, MI 49202
517.780.3304

Recovery Technology

1200 N West Ave, Suite 400
Jackson, MI 49202
517.780.3336

Residential Options, Inc

1220 Parnall Rd
Jackson, MI 49201
517.513.3297

**FIND OUT MORE!
FOR QUESTIONS CONTACT:**

Willy Baldwin (517) 780-3329
Shannon Clevenger (517) 796-4574

LifeWays
Community Mental Health
www.lifewayscmh.org

WELCOME TO LIFEWAYS COMMUNITY MENTAL HEALTH

LifeWays is your local community mental health agency and a member of the Mid-State Health Network (MSHN), a family of community mental health and substance use disorder providers joined together to give you access to quality care.

We provide specialty mental health services to individuals with Medicaid, living in Jackson or Hillsdale Counties. Once someone receives a screening and assessment by LifeWays, he/she is referred to one of our network service providers. Our network serves adults with a mental illness, children with serious emotional disturbance, individuals with developmental disabilities and individuals with a co-occurring mental illness and substance use disorder.

LifeWays primarily serves individuals with Medicaid. We also serve the uninsured and under-insured who meet medical necessity for specialty mental health services for severe mental illness, developmental disabilities or serious emotional disturbance.

Crisis intervention services are available to any community member in Jackson or Hillsdale County.



Jackson Location

1200 N West Ave
Jackson, MI 49202
Phone: 517.789.1200
Hours: Monday-Friday 8am-7pm

Hillsdale Location

25 Care Dr
Hillsdale, MI 49242
Phone: 517.439.2641
Hours: Monday-Friday 8am-6pm

24-Hour Crisis Line: 1.800.284.8288

Website: LifeWaysCMH.org



OUTPATIENT SERVICES AT LIFEWAYS

LifeWays CMH offers four types of outpatient services:

- Case Management
- Supports Coordination
- Certified Peer Support Services
- Care Management

These are services that help you to achieve independence, move toward health integration, feel included in your community, and empower you on your path to recovery.

The type of outpatient services you receive depends on several factors, including whether you have an intellectual and/or developmental disability or a mental illness, the level of your need, and whether you are enrolled in the Habilitation Supports Waiver (HSW) program.

What Can Outpatient Services Do?

- » Help You Coordinate:
 - » Medicaid and other healthcare benefits
 - » Health and dental services
 - » Financial assistance
 - » Housing
 - » Employment
 - » Education
 - » Social and/or Specialty Services
 - » Entitlements
 - » Legal Representation
- » Assist You With Creating Your Individualized Plan of Service (IPOS)
- » Empower You to Reach Your Goals
- » Support You on Your Journey to Recovery

Case Management

Case Management at LifeWays is available to adults and children with an intellectual and/or developmental disability, mental illness, or serious emotional disturbance. The intensity of this service is dependent on each individual's level of need.

Case Management is also available through the LifeWays Provider Network for persons who do not meet the criteria to receive these services in-house.

Certified Peer Support Services

Certified Peer Support Services at LifeWays are available to adults with mild or moderate mental illness.

Certified Peer Support Services provide a unique perspective to recovery. Our Certified Peer Support Specialists have personally experienced mental illness and can offer you support and encouragement as someone who has navigated the mental health system.

Certified Peer Support Services are also available through the LifeWays Provider Network.



Supports Coordination

Supports Coordination at LifeWays is available to adults and children with an intellectual and/or developmental disability who are currently enrolled in the Medicaid Habilitation Supports Waiver (HSW) program.

Supports Coordination is also available through the LifeWays Provider Network for persons who are not enrolled in the HSW program.

Care Management

Care Management offers non-traditional assistance to people with mild to moderate mental illness through two programs:

LINC
LINC is a free telephone-based program that serves adults with a mental illness that is currently being managed by their primary care physician. Your Care Management Specialist can help you develop self-management goals and connect you with community resources.

MC3
The MC3 program provides psychiatric support to primary care physicians of pediatric patients with mild to moderate behavioral problems and women during pregnancy or postpartum. This program is provided in collaboration with University of Michigan Health Systems.

Jackson Location

1200 N West Ave
Jackson, MI 49202
Phone: 517.789.1200
Monday-Friday 8am-7pm

Hillsdale Location

25 Care Dr
Hillsdale, MI 49242
Phone: 517.439.2641
Monday-Friday 8am-6pm

24-Hour Crisis Line: 1.800.284.8288





Our Mission

To provide opportunities to children, youth and families to become more responsible for their own lives and to strengthen their relationships with others

Our Vision

To create bright futures for children, their families and communities

- Highfields provides targeted case management services for all of the children in the Autism Program. We assist families in navigating the range of services available to their children and developing a plan for success.

Highfields is a nonprofit human services organization. Since 1962, Highfields has been a pioneer in early intervention, helping to meet families at their earliest point of need.

We began with our Residential Treatment Program for delinquent boys. Our goal then was to prevent our residents from getting further into the system and winding up in jail. Next we decided to try to further prevent the need for residential placement by treating identified youth in their homes. Since then, we have developed a full range of services across 11 counties and 17 programs. Our 220 counselors and mentors change more than 6000 lives every year.

In Jackson and Hillsdale counties, Highfields Community Services provide a safety net for families working through tough times. Our counselors help clients to better understand the struggles they face and learn the skills they need to overcome them. All of our programs are client-centered and designed to meet the unique needs of each family.



COMPREHENSIVE Speech & Therapy Center

...Because together we can make the pieces fit!

Why Us!



CSTC is a comfortable and welcoming environment in Jackson, MI where many of the services needed to teach children with Autism are provided. When you are at CSTC you receive more than just the therapy. At CSTC...

- We spend the extra time making sure your schedule meets your entire family's needs.
- We may laugh, cry, or celebrate with you, and even watch a sibling while you talk to a therapist.
- We connect you with other people or agencies within our community for extra support and resources.

...Because together we can make the pieces fit!

Our Philosophy & Services

CSTC is proud to offer a multidisciplinary approach to evaluating and treating children with Autism Spectrum Disorders. Our services include **Applied Behavior Analysis (ABA)**, **Occupational Therapy (OT)**, **Physical Therapy (PT)** and **Speech Therapy (ST)** all under one roof. This makes it easy for our clients and their families to obtain all of the services necessary to grow and learn. Our approach is to create a fun and motivating, therapeutic atmosphere that includes the many environments for learning...at the center, home, or outings.



ABA services at CSTC focus on two main areas. These include learning new skills for daily living, communication, and academics as well as reducing or eliminating behaviors that interfere with a child's home, family and/or school life. ABA uses highly motivating rewards and "errorless" learning strategies when teaching new skills. Also at the heart of our ABA program is equipping parents, caregivers, and teachers with the tools to carry-out behavior plans and strategies.

Our Occupational therapists teach your child activities of daily living to help them succeed at home, school and play. In OT, your child will work on improving coordination and strength of their arms and hands to help them with dressing, bathing, eating, coloring/writing, and playing with toys. Our team is highly skilled in the area of sensory processing disorders. When the senses are not functioning properly, it can negatively impact a child's ability to learn, socialize, to behave, and to feel emotionally healthy.



Impaired communication and social skills are often at the core of Autism. Our Speech Therapists develop your child's language skills, so they can tell you what they want, what they need, and what they are thinking and feeling. Sometimes the use of alternative communication methods (use of pictures, sign-language or computers) are needed. Our Speech Therapists are highly trained in this area. Our team will also help your child to learn the social skills that are needed to interact with their peers, form friendships, and play with others.

Physical therapy at our center focuses on helping your child with posture, balance, mobility, strength and endurance. Our team teaches motor skills and coordination used for walking, running and playing. Many children with Autism have difficulty with these areas making it challenging for them to play and keep up with their peers. Often our PT and OT teams work together to help your child move through their world.



PHONE: (517) 750-4777 • FAX: (517) 782-4717

1001 Laurence Avenue, Ste E • Jackson, MI 49202 • www.therapyjackson.com



Jackson
1220 Parnall Road
Jackson, MI 49201
Call 517.513.3297

Lansing
2121 E. Grand River Ave
Lansing, MI 48912
Call 517.253.7901

Okemos
2400 Science Pkwy
Okemos, MI 48864
Call 517.374.8066

ABA Therapy

At ROI, we offer center-based and home-based therapy and integrate OT and speech!

We understand that it can be hard to coordinate your child's schedule so we also offer block scheduling and transportation to families who are eligible. Our center has a large playroom, individual therapy rooms, potty training facilities, and highly trained staff!



Family Training



The biggest key to your child's success is you! Parents wanting to develop and implement in-home programs can learn how to use assessment tools, implement treatment plans, and conduct sessions in your child's natural environment. Programs are designed to teach increased attention to task, independent living skills, and to enhance communication skills.

Potty Training Boot Camp

Potty Training Boot Camp, or "Potty Camp," is a two-day intensive training program, offered once a month at each ROI Learning Center, designed to teach any aged individual and their family to conquer the toilet-training process. Potty training is rarely an easy process, and people with special needs often have even more challenges mastering these skills. Our Behavioral Therapists use evidence-based practice, including ABA, to create a personalized potty plan.

Potty Training Boot Camp is conducted at the ROI Learning Centers on a monthly basis.



For More Information:
www.roi-mi.com

Case Management Services Jackson & Hillsdale Counties

Hope Network case managers and supports coordinators assist eligible individuals in gaining access to needed psychiatric, medical, housing, vocational, employment, social and/or other supports and services. Intensity of services varies based on need.

The majority of contacts are provided in non-office based locations, according to individual preferences and clinical appropriateness. Hope Network provides Case Management, Supports Coordination and Self Determination Services to adults and children. We also provide OBRA Assessments, Nursing Home Mental Health Monitoring and Facilitation of MGRI and Mental Health Court Services.

Services

- **Assessment:** An exploration of a persons needs, including identification of ones services, abilities, challenges and preferences.
- **Person-Centered Plan Development:** A highly individualized person served. The individual is actively involved in the development of his/her treatment of service goals.
- **Service Coordination:** Linking to needed supports, services and resources.
- **Re-Assessment/Follow-up:** An individuals status and needs are determined during reviews that occur at intervals defined in their writing Person-Centered Plan.
- **Services Monitoring:** Evaluations on-going services delivered and determines if they are adequate to meet an individuals needs.
- Consumer level of satisfaction is solicited and evaluated.

Referrals and Authorizations

Hope Network provides services to eligible adults and children diagnosed with serious and persistent mental illness, developmental disabilities and substance abuse disorders. Referrals and authorizations for services are completed through LifeWays Community Mental Health.



Hope Network is a Christian organization that empowers people with disabilities or disadvantages to achieve their highest level of independence.

About Hope Network

Hope Network is a non-profit Christian organization founded in 1963 to facilitate a greater level of independence by providing Specialty Health and Community Services. We offer a broad continuum of care in our areas of expertise—the treatment of brain and spinal cord injuries, mental illness and developmental disabilities. In addition, Hope Network provides specialized transportation and residential services, as well as, job training and placement.

Hours

Monday-Friday
9:00 a.m.—5:00 p.m.
After hours emergency
calls on-call by cell.

Office is accessible by
public transportation
and is barrier free.

Jackson

950 W. Monroe St., Suite 600
Jackson, MI 49202
517-945-5632 (P)
517-435-2175 (F)

Hillsdale

25 Care Drive, Suite 236
Hillsdale, MI 49242
517-439-2642 (P)
517435-2175 (F)



World Headquarters
 41521 West 11 Mile Road
 Novi, MI 48375
 Office Phone: **855.77.AUTISM**
 Office Fax: 844-245-7836

CENTRIA BUSINESS BRIEF (JACKSON COUNTY)

Centria Healthcare is the leader in clinical and customer service expertise for Applied Behavior Analysis (ABA). This Business Brief includes a snap shot of Centria Healthcare's Autism services.

www.CentriaAutism.com

Clinical Excellence

100's of Experts In Behavioral Health including Behavior Technicians, Board Certified Behavioral Analysts & Psychologists.

Ages Accepted

Private Insurance 1-21 yrs
 Medicaid 1-21 yrs

Services Offered

Applied Behavior Analysis (ABA)

Diagnostic and Psychological Testing Services:

ADOS, ADI-R, Vineland, Mullen, DAS-II, Wechsler

ABA has been identified by the Surgeon General as the only evidenced based treatment for Autism.



Jackson County

We currently can provide In-Home Services throughout the entire county of Jackson.

In-Home Care

Centria currently provides in-home ABA therapy for those clients with Autism. Our mission is make ABA accessible to all families, regardless of service location. We believe early intervention and expert clinicians are the key to success.

Now accepting all clients with Jackson Medicaid.

Benefits of ABA Therapy

Communication Skills:

Language, Vocabulary, Conversation, Social, Reading, Writing

Living Skills:

Fine Motor, Toileting, Dressing, Eating, Personal Self-Care, Domestic, Work

Behaviors Skills:

Hyperactivity, Self Injury, Tantrums, Non-Compliance, Aggressive behavior, Inability to Sit Still

School Readiness Skills:

Organization, Environment Challenges, Acceptance of Change



855.77.AUTISM

Also working with these insurance plans.

MI Medicaid / MI Child Autism Waiver	Health Alliance Plan (HAP)	Tricare
Blue Cross Blue Shield (BCBS)	United Healthcare	Aetna
Blue Care Network (BCN)	McLaren Health Plan	Cigna
Priority Health Plan	Magellan Healthcare	Health Plus

PERSON-CENTERED PLANNING

“Person-Centered Planning” (PCP) is a process for planning and supporting the individuals receiving services that builds upon the individual’s capacity to engage in activities that promote community life and that honors the individual’s preferences, choices and abilities.¹

For children, the concepts of person-centered planning are incorporated into a family-driven, youth-guided approach. This approach recognizes the importance of family in the lives of children and that supports and services impact the entire family.¹ Person-centered planning focuses on what you CAN do versus focusing on what you cannot do.²

Person-centered planning is a highly *individualized* process designed to respond to the expressed needs/desires of the individual.¹ What may work for one family in the context of scope, duration and intensity may not be what works for another with the same diagnosis.

A supports coordinator or case manager from Highfields supports, guides, informs and assists you in learning about person-centered planning and assures that you control the planning process.

Pre-planning is a process used to prepare for the PCP meeting and is done before the PCP meeting. This pre-plan is where it is decided who will be involved in the PCP process, what will be discussed and where the meeting will be held.²

The results of the PCP will be a development of an Individual Plan of Service (IPOS). The IPOS is a plan that includes the vision of what your child would like to be and do. The services and supports included in the plan are intended to support:²

- ◆ Achieving the individual’s goals
- ◆ Meeting the individual’s needs
- ◆ Assisting the individual to connect with people in the community
- ◆ Helping to participate in activities the individual chooses
- ◆ Supporting the individual in taking on a valued role in the community

1. (Michigan Department of Health and Human Services, 2011)

2. (Michigan Department of Health and Human Services, 2011)



WHAT ARE ALL THESE TESTS?

Test Name	What is it	Who/Where	How Often
ADI-R	A structured interview tool that may be used to diagnose Autism Spectrum Disorder (ASD), plan treatment, and distinguish autism from other developmental disorders.	LifeWays	
ADOS	An assessment of communication, social interaction and play (or imaginative use of materials) for individuals suspected of having autism or other pervasive developmental disorders	LifeWays	Initially at intake and at discharge
M-CHAT	A screening tool used to help determine if a young child has autism (mental age < 2 years of age)	The parent/guardian will need 20 minutes to complete this at the doctor's office, referring agency or LifeWays	Initially
SCQ	A screening tool used to help determine if a young child has autism (mental age > 2 years of age)	The parent/guardian will need 20 minutes to complete this at the doctor's office, referring agency or LifeWays	Initially
Mullens/WPPSI-III/ WPPSI-IV/DAS-II	Cognitive Assessment Tools - an independent assessment	Completed by a Psychologist at his/her office	Initially
VABS-II (Vineland)	Adaptive Behavior Assessment	Completed by a Psychologist at his/her office	Initially, Annually, Level of change (intensity)
AFLS, VB-MAPP or ABLLS-R	Behavior Outcome Measurement tools: AFLS - assesses basic living skills, home skills & community participation skills, social skills, independent living skills and vocational skills VB-MAPP - assesses verbal behavior, play based behaviors ABLLS-R - assesses expressive and verbal language	Completed by a BCBA, LP, LLP, or CMHP	Every 6 months

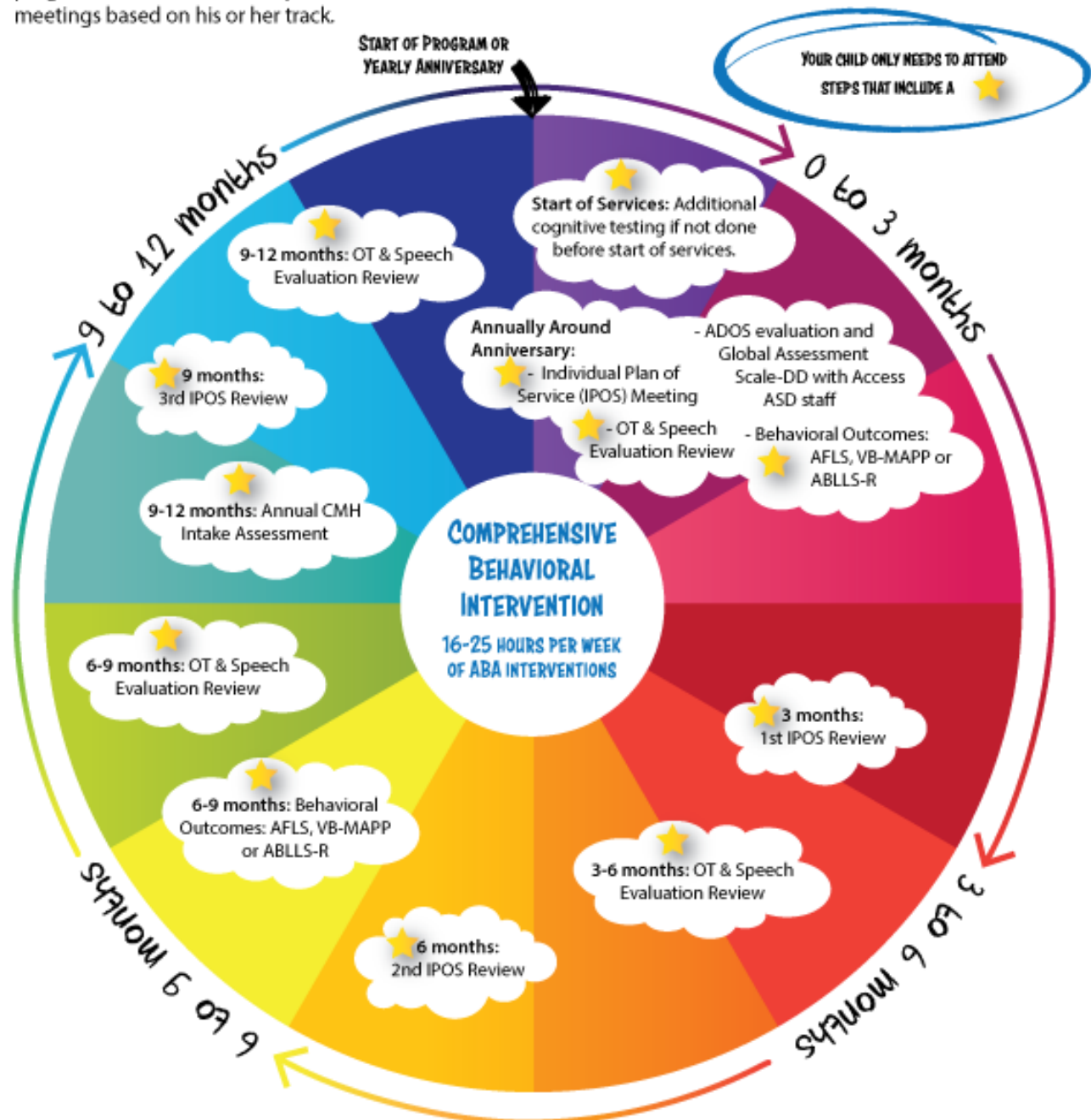
MEDICAID BEHAVIORAL HEALTH TREATMENT (ABA PROGRAM)

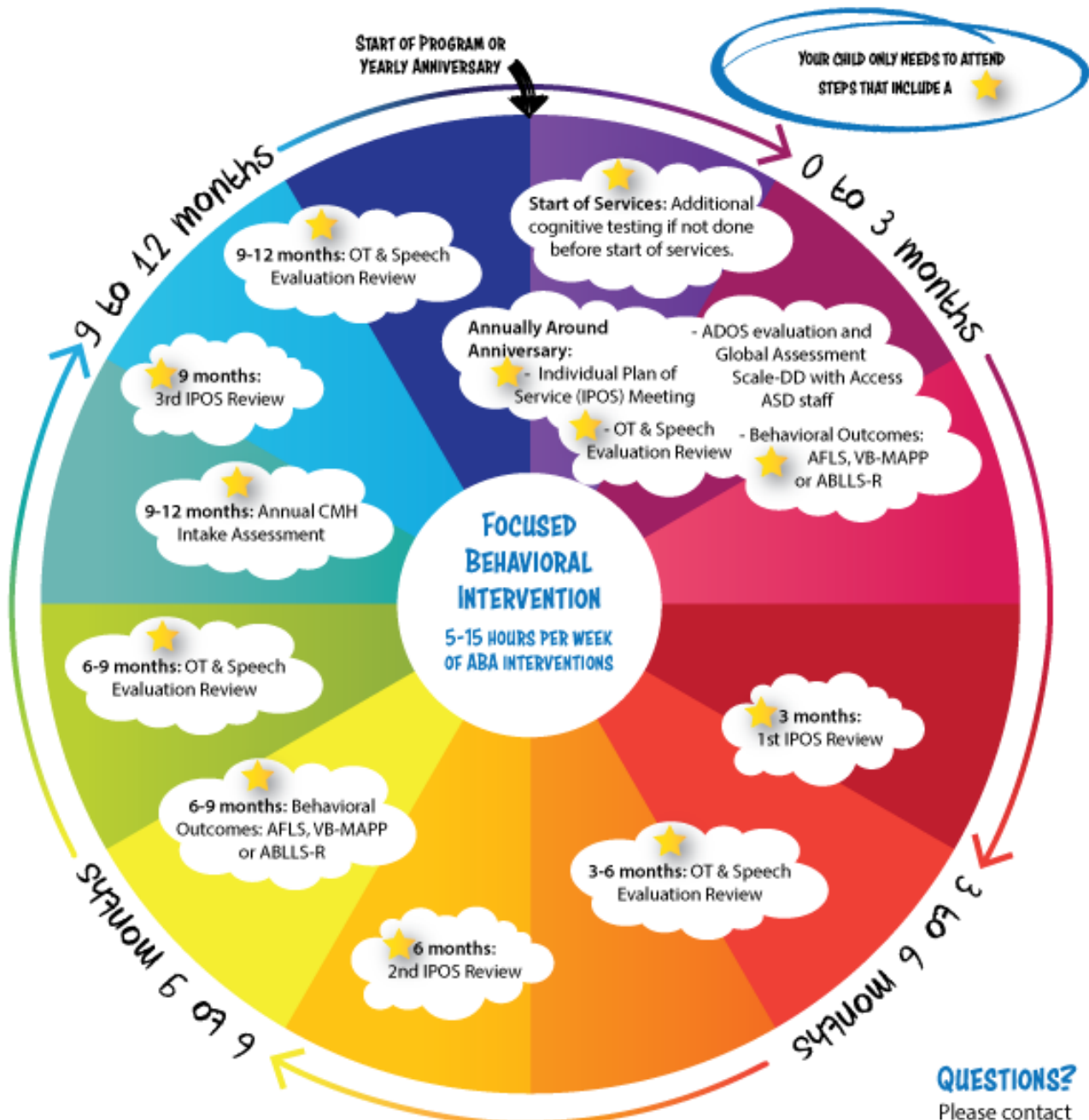
WHAT WILL HAPPEN NOW THAT MY CHILD IS IN THE PROGRAM?

There are two different intensity tracks in the Autism Program:

- Comprehensive Behavioral Intervention
- Focused Behavioral Intervention

Your child's intensity track was determined by the tests and assessments that were completed before you began the program and will continuously be reevaluated. Your child will have a different schedule of annual assessments and meetings based on his or her track.





WHAT WILL HAPPEN WHEN MY CHILD AGES OUT?

Your child's last day in the program will be the day before his or her 21st birthday.

To help you transition out of the program, you will have:

- A transition meeting with your team to talk about what steps will be taken next and what services your child will have after the program
- ★ - An exit ADOS with LifeWays' Access Center within 14 days of your child's 21st birthday

QUESTIONS?

Please contact
Willy Baldwin
at (517) 780-3329
or Shannon Clevenger
at (517) 796-4574 or
visit us at
LifeWaysCMH.org



WHAT IS ALL THIS ALPHABET SOUP?

AAC – Assistive Augmentative Communication or Alternative Augmentative Communication:

includes all forms of communication (other than oral speech) that are used to express thoughts, needs, wants, and ideas

ABA – Applied Behavior Analysis: focuses on the principles that explain how learning takes place

***ABLLS –R– Assessment of Basic Language and Learning Skills:** an assessment tool, curriculum guide and skills-tracking system used to help guide the instructions of language and critical learner skills

ABC – Antecedent, Behavior, Consequence: an observation tool that can be used to collect information about the events that are occurring within a student’s environment

ABI – Applied Behavioral Intervention: variety of ABA established treatments to increase functional communication, independent self-care tasks, receptive language, expressive language, play behaviors, social skills, imitation, and/or any additional behaviors that will enable the child to more readily integrate with typically developing peers

ADA – Americans with Disabilities Act: wide ranging civil rights law that prohibits discrimination based on disability

ADD/ADHD – Attention Deficit Disorder/ Attention Deficit Hyperactivity Disorder: a chronic condition including attention difficulty, hyperactivity, and impulsiveness

***ADI –R – Autism Diagnostic Interview:** a structured interview that can be used for diagnostic purposes in measuring behavior in the areas of reciprocal social interaction, communication and language and patterns of behavior

ADL – Activities of Daily Living: basic tasks of everyday life, such as eating, bathing, dressing, toileting, and transferring

***ADOS – Autism Diagnostic Observation Scale:** an assessment of communication, social interaction, and play (or imaginative use of materials) for individuals suspected of having autism or other pervasive developmental disorders

***AFLS - Assessment of Functional Living Skills:** an assessment of basic living skills, home skills and community participation skills, school skills, independent living skills and vocational skills

ASD – Autism Spectrum Disorder: a serious developmental disorder that impairs the ability to communicate and interact

ASL – American Sign Language: the predominant sign language of deaf communities in the United States

AT – Assistive Technology: an umbrella term that includes assistive, adaptive, and rehabilitative devices for people with disabilities and also includes the process used in selecting, locating, and using them.

BCBA – Board Certified Behavior Analyst: individuals with a Doctoral or Master’s degree in Behavior Analysis, Education, Psychology, and other related fields. They have extensive training and experience in designing, developing, implementing, and evaluating a wide range of ABA programs for individuals with autism and other developmental disabilities.

BIP – Behavior Intervention Plan: detailed plans that include data gathering during the Functional Behavior Assessment such as function, frequency, severity, consequence, etc.



* - stars indicate tests/assessments

- CMHSP (CMH) – Community Mental Health Service Program:** How mental health services are coordinated through in Michigan
- CSHC – Children's Special Health Care:** a program within the MDHHS for children and some adults with special health care needs and their families
- DAS – Differential Ability Scales:** an evaluation tool for the cognitive ability and achievement of children to provide insight into the manner in which a child processes information
- DC – Discontinue:** abbreviation for discontinue or discharge
- DSM – Diagnostic and Statistical Manual of Mental Disorders:** the standard classification of mental disorders used by mental health professionals
- DX – Diagnosis:** the identification of the nature of an illness or other problem by examination of the symptoms
- EI – Early Intervention:** a system of coordinated services that promotes the child's age-appropriate growth and development and supports families during the critical early years
- EIBI – Early Intensive Behavioral Intervention:** services that use behavioral treatment methods to change socially important behaviors in measurable and meaningful ways in the child's daily life
- *FBA – Functional Behavioral Assessment:** a variation on procedures originally developed to ascertain the purpose or reason for behaviors displayed by individuals with severe cognitive or communication disabilities
- IPOS – Individualized Plan of Service:** also known as a treatment plan; a plan developed using a person-centered planning process and reflects the supports and services that will be used to help the consumer achieve their goals
- ITP – Individualized Transition Plan:** the template for mapping out long-term outcomes from which annual goals and objectives are defined
- LRE – Least Restrictive Environment:** someone who has a disability should have the opportunity to be educated with non-disabled peers to the greatest extent appropriate
- *M-CHAT – Modified Checklist for Autism in Toddlers:** a screening tool for children that assesses risk for autism spectrum disorder.
- MICHILD:** a health insurance program for uninsured children of Michigan's working families
- MDHHS – Michigan Department of Health and Human Services:** a principal department of the State of Michigan that provides public assistance, child and family welfare services combined with services to promote better health outcomes, reduce health risks, and support stable and safe families while encouraging self-sufficiency
- MSHN – Mid State Health Network:** the Medicaid managed care organization for a portion of Michigan's behavioral health services for twenty-one (21) counties through contracts with twelve (12) Community Mental health Programs.
- OT – Occupational Therapy:** a form of therapy for those recuperating from physical or mental illness that encourages rehabilitation through the performance of activities required in daily life.

* - stars indicate tests/assessments



PBIS – Positive Behavioral Intervention and Supports: a proactive approach to establishing the behavioral supports and social culture and needed for all students in a school to achieve social, emotional, and academic success

PCP – Person Centered Planning (can also mean Primary Care Provider): a process for planning and supporting an individual consumer receiving services. It builds upon the individual consumer's capacity to engage in activities that promote community life and that honor the individual consumer's preferences, choices, and abilities

PECS – Picture Exchange Communication System: a form of augmentative and alternative communication

PT – Physical Therapy: the treatment of disease, injury, or deformity by physical methods such as massage, heat treatment, and exercise rather than by drugs or surgery

***SCQ – Social Communication Questionnaire:** an assessment tool to screen for autism spectrum disorder in children with a mental age of four years and older

SI – Sensory Integration: the brain's ability to organize and process information received from the environment through the senses

SLP – Speech and Language Pathologist: a highly trained professional who evaluates and treats children and adults who have difficulty with speech or language

SSI – Supplemental Security Income: a United States government program that provides stipends to low-income people who are either aged (65 or older), blind, or disabled

ST – Speech Therapy: training to help people with speech and language problems to speak more clearly

Stim – self-stimulation behaviors or “stimming”: the repetition of physical movements, sounds, or repetitive movement of objects common in individuals with developmental disabilities, but most prevalent in people with autistic spectrum disorders

TX - Treatment: a session of medical care or the administration of a dose of medicine

***VABS – Vineland Adaptive Behavioral Scale:** an assessment of adaptive behaviors in four domains: communication, daily living skills, socialization, and motor skills

***VB-MAPP – Behavioral Milestones Assessment & Placement Program:** a skills-tracking system to assess the language, learning and social skills of children with autism or other developmental disabilities

***WPPSI – Wechsler Preschool and Primary Scale of Intelligence:** a standardized intelligence test for assessing preschool children

* - stars indicate tests/assessments

