
LEO Assignments Left Open



A HIPAA

Horror

Story

I want to refer someone for a service

OPTION 1

- I call in-network providers to see if they have availability
- If one does, I send a referral form and open the individual's medical record to them for review



OPTION 2

- 3 providers have this service
- I send a referral to all 3 and open the individual's record to each of them for their review
- **One accepts the referral 😊**



I process the referral and
I'm finished... *Right?* **Not Yet!**



There's 1 more important
step to keep the

HIPAA PO-PO

from coming after me!

WHAT?

I must close the assignments to the other 2 providers to prevent a HIPAA

Horror Story

WHY?

I assigned them which gave them access to the recipient's PHI.

They no longer have a right to that PHI.

As always, let's do our best to keep the
HIPAA Hippo Happy



Community Health & Wellness

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Wellness Programs

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Wellness Coach

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Whole Health Action Management (WHAM)

- Whole Health Action Management (WHAM) is a weekly peer-led support group that meets for eight weeks.
- Peer Support Specialists, people with mental illness lived experience, help you create and work on a positive whole health goals, based on one of the 10 Health and Resiliency Factors by the Benson-Henry Institute for Mind-Body Medicine. Each week. we'll discuss progress and difficulties for reaching our goals. We will support each other in our journey to whole health.





Wellness Wednesdays

This is an 8-week program focused on nutrition and exercise for healthy living. This class requires registration for the whole course. Weekly attendance is important for success. This program begins with an educational wellness class followed by a fitness class. A healthy lunch is provided.

Stress Less

Stress affects us all but with the right coping skills we can decrease the negative effect on our mental health. Come join LifeWays in our weekly stress less activities including music therapy and art classes to reduce stress.

Participate in fun activities, eat healthy snacks and learn about community resources to decrease stress!



A lit cigarette is shown at an angle, with a trail of ash falling from its tip onto a dark, textured surface. The background is dark and moody, with some faint, abstract white lines in the bottom right corner.

Tobacco & You: Learn How to Quit Smoking

This 10-week drop-in style group focuses on the effects of smoking to help you quit.

inSHAPE & Wellness Coaching

inSHAPE is an individualized wellness program. All appointments are made individually with a Wellness Coach. Through this program, individuals receive free personal training sessions, education and support to work towards healthy goals.



Partnerships with MSU Extensions

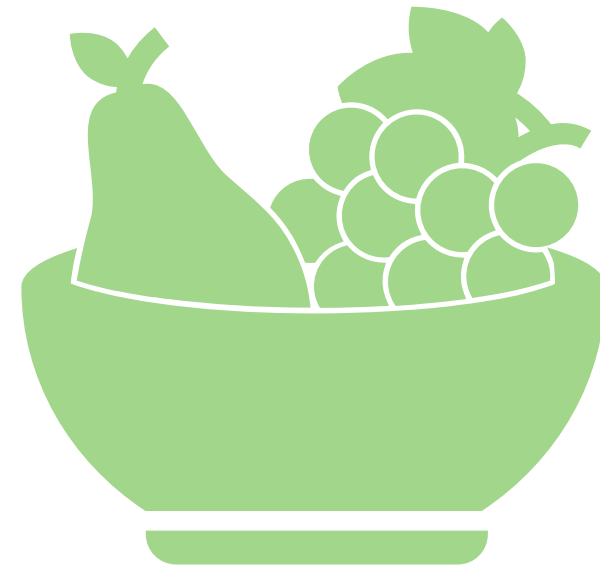
- Cooking for One
 - Whether you're living on your own for the first time, a single college student, a hard-working adult, or a senior on your own, cooking for one can be fun!
 - Over the course of six, 2-hour lessons, you will:
 - Learn ways to make cooking for one simple and enjoyable
 - Learn helpful tips and tricks to making healthy choices, like eating well and being active
 - Participate in cooking real recipes for one
 - Learn simple, safe physical activities to do at home
 - Wear comfortable clothing and shoes!

Partnerships with MSU Extensions

- Dining with Diabetes
 - Dining with Diabetes is a fun and interactive course series targeting individuals with prediabetes, type 1 or type 2 diabetes, members of their support system and/or anyone interested in learning more. Participants learn to make healthy food choices and incorporate balanced menus into the family dining experience. Classes include research-based education, cooking demonstrations and healthy recipe tasting. Join the program of four classes!!!

Partnership with MSU Extensions

- Eat Healthy, Be Active
 - Learn how to eat healthy and get tips on budgeting food in 5 sessions. Class includes group discussions, food tastings, recipes, and activities that will help you:
 - Reach and maintain a healthy weight
 - Prepare quick, healthy, budget-friendly meals and snacks
 - Make healthy Eating and regular activity a lifestyle



Other Pop Up Classes (varies upon availability)

Chair yoga

Music therapy

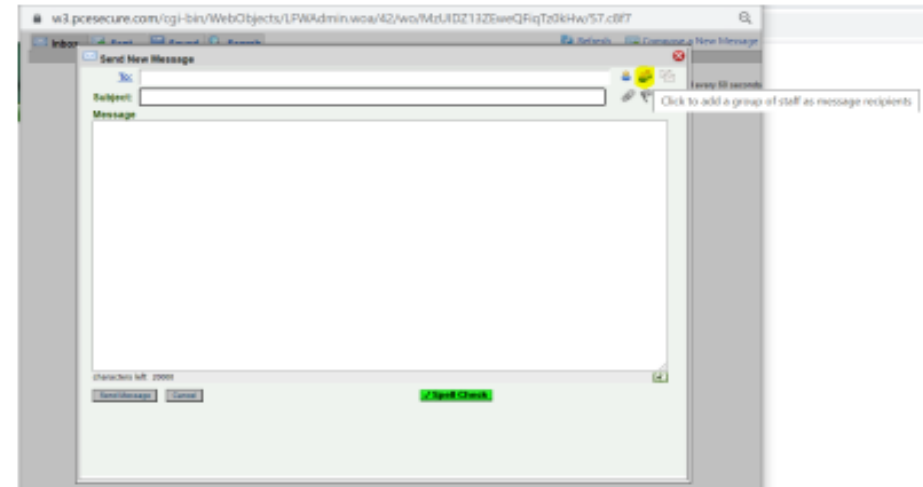
Pet therapy

Wellness Program Referrals

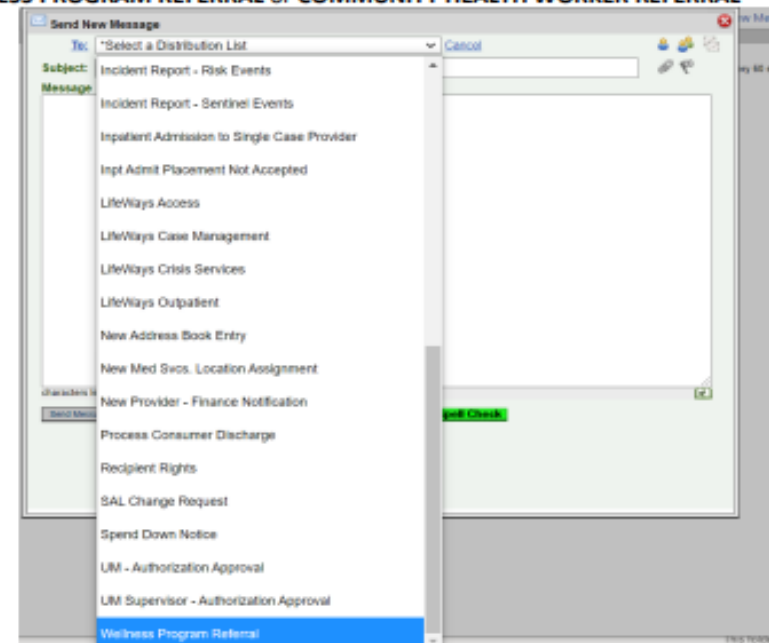
- Differs from typical referrals
 - Does not require medical necessity, authorizations
 - LifeWays funded/sponsored and not being billable services

Entering Wellness Program Referrals

Once in your LEO Email, select compose a new message. Then you will select the "add group off staff message recipients" (highlighted yellow)



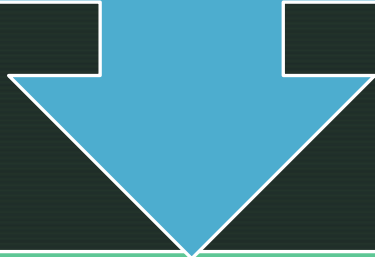
Select **WELLNESS PROGRAM REFERRAL** or **COMMUNITY HEALTH WORKER REFERRAL**



Proceed with your subject and message then send message. Someone will respond to you within or business day.

Community Health Workers (CHW)

Work directly with the access department to assist with some administrative duties- paperwork, screenings, scheduling appts, etc.



Conducts a SDoH screening to link consumers to appropriate resources to overcome barriers such as transportation, access to food, among others.

SDoH Screen & Care Hub

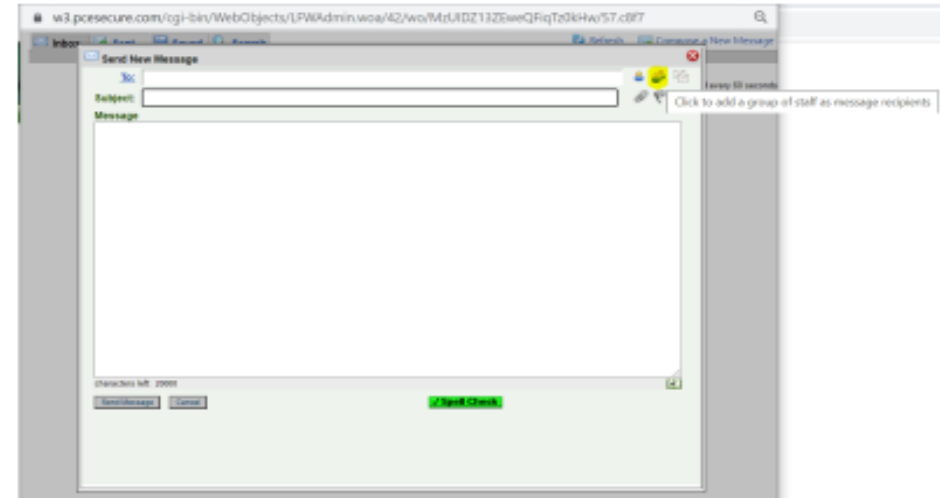
- Education
- Employment and Income
- Family Care
- Food
- Healthcare
- Healthcare Cost
- Housing
- Transportation
- Utilities
- Safety
- Literacy
- Legal

Care Hub:

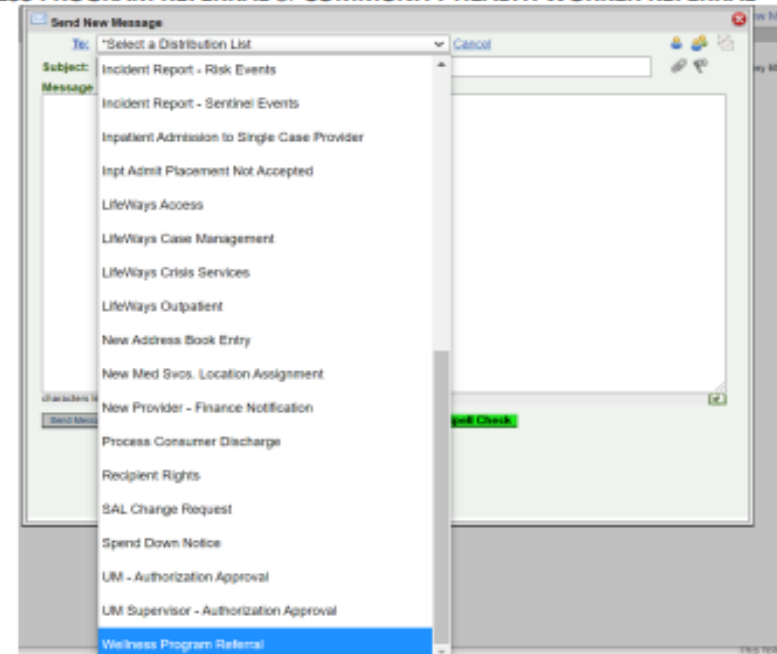
Upon consent, refers consumers directly to local resources in the community. Those resources will contact consumer within 3 business days.

CHW Referrals

Once in your LEO Email, select compose a new message. Then you will select the "add group off sta message recipients" (highlighted yellow)



Select **WELLNESS PROGRAM REFERRAL** or **COMMUNITY HEALTH WORKER REFERRAL**



Proceed with your subject and message then send message. Someone will respond to you within or business day.

